

PATHS and RSE Overview 2024/2025

PATHS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Acorn	Unit 1- Fostering Positive Classroom Climate Unit 2- Basic Feelings I	Unit 3- Basic Feelings II Unit 4- Self-Control	RSE	Unit 4- Self-Control Unit 5- Sharing, Caring, Friendship	Unit 6- Basic Problem Solving Unit 7- Intermediate Feelings	Unit 8- Advanced Feelings Unit 9- PATHS Wrap-Up
Oak	Unit 1- Fostering Positive Classroom Climate Unit 2- Basic Feelings I	Unit 3- Basic Feelings II Unit 4- Self-Control	RSE	Unit 4- Self-Control Unit 5- Sharing, Caring, Friendship	Unit 6- Basic Problem Solving Unit 7- Intermediate Feelings	Unit 8- Advanced Feelings Unit 9- PATHS Wrap-Up
Maple	Unit 1- Establishing Positive Classroom Environment Unit 2- Introduction to Feelings	Unit 3- Feelings and Behaviours Unit 4- Self Control and Anger Management	RSE	Unit 5- Anger Management and Problem Solving Unit 6- Friendships and Feeling Lonely	Unit 7- Manners and Listening to Others	Unit 8- Feelings/Emotions/ Behaviours
Birch Year 3 cycle	Unit 1- Establishing a Positive Classroom/Enhancing Self-Esteem Unit 2- Basic Emotions	Unit 3- Improving Self-Control, Self-Awareness and Anger Management Unit 4- Using our Thinking Skills	RSE	Unit 5- Getting Along with Others 1 Unit 6- Feelings in Relationships 1	Unit 7- Getting Along with Others 2 Unit 8- Feelings and Expectations	Unit 9- Feelings in Relationships 2
Willow Year 5 cycle	Unit 1- Getting Started and Introduction	Unit 2- Problem Solving	RSE	Unit 3- Goals and Identity Unit 4- Making and Keeping Friends	Unit 5- Being Responsible and Caring for Others	Unit 5- Being Responsible and Caring for Others (continued)
Alder Year 6 cycle	Unit 1-	Unit 2- Study and Organisational Skills	RSE	Unit 3- Conflict Resolution	Unit 4A Novel- Number the Stars: Respect	Unit 5- Endings and Transitioning

