

PE Curriculum Map – Curriculum A – 2023/2024 (Mixed Age Classes)

Term		Acorn Class	Oak Class	Maple Class	Birch Class	Willow Class	Alder Class
	realPE Unit	realFOUNDATIONS Unit 1 - Personal	Unit 1 – Personal (Year 1)	Unit 1 – Personal (Year 2)	Unit 1 – Personal (Year 3)	Unit 3 – Cognitive (Year 5)	Unit 3 – Cognitive (Year 6)
Autumn 1	Fundamental skills	Co-ordination: Footwork Static Balance	Co-ordination footwork/Static Balance	Co-ordination footwork/Static Balance	Co-ordination footwork/Static Balance	Co-ordination ball skills/Reaction & Response	Co-ordination ball skills/Reaction & Response
	Sports Focus		Gymnastics	Gymnastics	Football/Cross Country/Swimming	Football/Cross Country/Swimming	Hockey/Cross Country/Swimming
	Resource (where not core RealPE)		realGYM Unit 1 year 1	realGYM Unit 1 Year 2			Twinkl Move It Yr4 scheme+UKS2 Mastery Scheme
Autumn 2	Real PE Unit	realFOUNDATIONS Unit 2 - Social	Unit 2 – Social (Year 1)	Unit 2 – Social (Year 2)	Unit 2 – Social (Year 3)	Unit 2 – Creative (Year 5)	Unit 2 – Creative (Year 6)
	Fundamental Skills	Jumping & Landing Seated Balance	Jumping & Landing/Seated Balance	Jumping & Landing/Seated Balance	Jumping & Landing/Seated Balance	Seated Balance/Floor work balance	Seated Balance/Floor work balance
	Sports Focus		Yoga	Dance	Handball/Swimming	Dance/Swimming	Dance/Swimming
	Resource (where not core RealPE)	realFOUNDATIONS	Twinkl Yoga: Salute to the Sun	realDANCE Year 2		realDANCE Year 4	realDANCE Year 5/6

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	realPE Unit	realFOUNDATIONS Unit 3 - Cognitive	Unit 3 – Cognitive (Year 1)	Unit 3 – Cognitive (Year 2)	Unit 3 – Cognitive (Year 3)	Unit 3 – Social (Year 5)	Unit 3 – Social (Year 6)
Spring 1	Fundamental skills	Dynamic Balance on a line.	Dynamic Balance/Static Balance	Dynamic Balance/Static Balance	Balance on line/Ball skills	Static balance on line/Counter balance with partner	Static balance on line/Counter balance with partner
	Sports Focus	Static Balance: stance	Gymnastics	Gymnastics	Fitness Swimming	Gymnastics Fitness Swimming	Gymnastics Swimming
	Resource (where not core RealPE)		realGYM Unit 2 year 1	realGYM Unit 2 Year 2		realGYM Year 4 Unit 1	realGYM Year5/6 Unit 1
Spring 2	Real PE Unit	realFOUNDATIONS Unit 4 - Creative	Unit 4 – Creative (Year 1)	Unit 4 – Creative (Year 2)	Unit 4 – Creative (Year 3)	Unit 1 – Personal (Year 5)	Unit 5 – Health & Fitness (Year 6)
	Fundamental Skills	Co-ordination: Ball Skills Counter Balance with a partner	Co-ordination Ball skills Counter Balance with partner	Co-ordination Ball skills Counter Balance with partner	Sending & Receiving Balance with Partner	Sending & Receiving Agility Ball Chasing	Static Balance Co-ordination Footwork
	Sports Focus		Throwing & Catching (Netball) Swimming	Netball Swimming	Gymnastics /Dance	Tennis	Netball/Softball
	Resource (where not core RealPE)				realGYM Unit 1 Year 3		

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	realPE Unit	realFoundations Unit 5 – Physical	Unit 5 – Physical (Year 1)	Unit 5 – Physical (Year 2)	Unit 5 – Physical (Year 3)	Unit 4 – Physical (Year 5)	Unit 4 – Physical (Year 6)
Summer 1	Fundamental skills	Co-ordination: Sending/Receiving Agility: Reaction/Response	Sending/Receiving, Reaction/response	Sending/Receiving, Reaction/response	Agility reaction/response Static Balance Floor	Jumping/landing, Static balance 1 leg	Jumping/landing, Static balance 1 leg
	Sports Focus	Gymnastics	4 Square Tennis Swimming	Cricket Swimming	Ultimate Frisbee and Korfball	Netball	Volleyball
	Resource (where not core RealPE)	realGym					
Summer 2	Real PE Unit	realFoundations Unit 6 – Health & Fitness	Unit 6 – Health and Fitness (Year 1)	Unit 6 – Health and Fitness (Year 2)	Unit 6 – Health and Fitness (Year 3)	Unit 5 – Health and Fitness (Year 5)	Unit 6 – Personal (Year 6)
	Fundamental Skills	Ball-chasing. Floor work	Ball Chasing. Static Balance	Ball Chasing. Static Balance	Ball chasing Static Balance	Sending & Receiving. Agility Ball Chasing	Sending & Receiving. Agility Ball Chasing
	Sports Focus	Swimming Dance	Athletics Swimming	Athletics Swimming	Athletics and OAA	Athletics OAA	Athletics OAA
	Resource (where not core RealPE)	realDance					